YO VHF/UHF Full day of summer

Name: YO VHF/UHF Full day of summer - International Contest
Organiser: Sports Club Radioclub "ADMIRA" Arad
Dates: thirdy full weekend in July. (Along with Moldova's Cup) from Saturday 14.00 UTC to Sunday 14.00 UTC.
Bands/modes: 144, 432, 1296 MHz. CW, SSB, FM, mixed segments allocated according to IARU Region 1 band.
144.050-144.150MHz CW, SSB 144.150-144.400MHz, 145.200-145.600MHz FM.
432.050-432.150MHz CW, SSB 432.150-432.500MHz, 432.500-432.800MHz FM
CW-1296.150MHz 1296.050, 1296.150, 1296.500MHz SSB, FM 1296.500-1296.800
QSO via repeaters, VoIP (Echolink type) etc.. or cross-band, are not allowed.
Category of participants: A. Individual,   B. club stations (at least two operators).
Controls: RS or RST + separate progressive serial number starting with 001 by bands and WW QTH locator (i.e.: 599 001 KN06PE)
Every station can be contacted once per band
Score: 1 km = 1 point;
Note: for each band must be drawn separate contest summary sheets.
Participants can work on one band or more.
Prizes will be awarded for each band separately (if at least 10 participants/band).
Foreign stations must have at least one valid QSO with Romanian station (YO, YP, YQ, YR).
Awards:
For each band separately:
First Place - Diploma + plaquette
Second place – Diploma + plaquette
Third place - Diploma + plaquette
up to 10th place – Diploma
The YO stations rank in places- I, II, III - Diploma.
The station with the highest score receives the CUP
Deadline for sending the logs: up to 25 days after the last day of competition.
Format: file type doc, txt, EDI, sent by e-mail or by post on CD, diskette. Written logs on paper is not allowed.
Address: Sports Club Radioclub "Admiral", Arad 310032, P.O.Box 1-151 Romania or e-mail to: yo80ar@yahoo.com
Contest completion deadline: September 30.